## buildservices.co.uk A brighter, healthier living environment!

What makes a house a home? Ideally, it should be somewhere you can relax and recharge. Somewhere in tune with the rhythms of your life, where you can come together with friends and family in a life-enhancing way. Natural light is the key. More than any other element, its many moods and variations can affect the way we feel about where we live.

So how can you improve natural light within your property? Look at your surrounding environment. Do you or your neighbours have any trees or shrubs that are blocking sunlight into your home? Are there any tall fences within close proximity of your windows? This is normally the most common cause of light deprivation within households today. By law you have a right to light within your home. If it is found that a neighbours tree or fence is excessively high then you reserve the right to have them pruned or removed.

What about inside the property? Try and choose rooms that benefit from natural light for everyday living. Studies have shown that areas that naturally benefit from light attract significantly more use from its inhabitants than those that don't. So re-evaluate your homes layout. By undertaking minor modifications internally you can totally transform the feel of your home, bringing natural light to areas that had previously been neglected.

What modifications can help to transform dark rooms within a house? Rooflights, internal french doors, lighting tubes & bifold sliding doors are but some open to home owners today.

Let buildservices.co.uk help you decide. We offer a free design consultation where we can help you to explore the potential of your home. To book this free design consultation just call 01737 233660, or alternatively you can email us on info@buildservices.co.uk.



